

# CREATE YOUR DREAM TEAM

## AT A GLANCE

Middle Managers

A Coaching approach is effective for personal and professional development.

Coaching is a process that takes time to develop but the results are transformational, effective and have long term benefits for individuals, teams and organisations.



### The Focus:

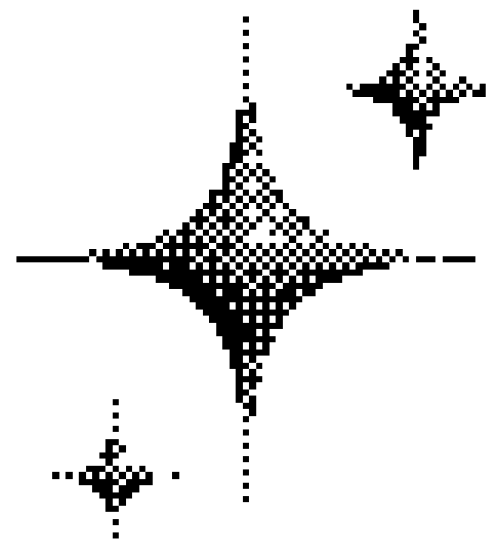
*Trust*  
*Communication*  
*Relationships*  
*Performance*

Michelangelo worked with at least 13 other artists to paint the Sistine Chapel, which took from 1508 to 1512

**My intention:** To develop awareness of individual and group learning in a workplace. Explore ways to lead a team to greater success.

### The Learning:

- How to communicate effectively with your team
- Explore commitment and motivation
- Identify self responsibility and group responsibility
- Build strong relationships and collaboration
- Foster a growth mindset



# BE THE CAPTAIN OF YOUR SHIP



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## RELATIONSHIPS

- Your presence and your roles
- Rapport building
- Unlock other people's potential
- Human drivers
- Team dynamics

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## TRUST AND RESPECT

- Remain curious
- Build and sustain trust
- Self belief and self efficacy
- Self care and wellbeing
- Recognition and Talent

**'Trust is the highest form of motivation'**  
Stephen R Covey

## THE PROGRAMME

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## COMMUNICATION

- The art of empathic listening
- Expectations, commitment, vision and values
- Overcome conflicts, challenges and obstacles effectively

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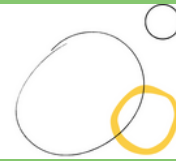
## TEAM PERFORMANCE

- Manage success and setbacks
- Autonomy
- Right level of challenge
- Delegation and growth



# ABOUT ME

CURIOUS  
CREATIVE  
COMPASSIONATE  
CHALLENGE



CHLOE COBURN COACHING

Prior to retraining as a coach, I was a passionate secondary school teacher for 18 years. I was Head of a successful Creative Arts Faculty and middle manager. The Arts have always been my passion and I believe in open communication, self expression, diversity and curiosity.

Learning and creativity are at the center of my coaching approach. I encourage compassion, curiosity and imagination for gaining clarity and perspective.

## Chloe Coburn

COACH, MENTOR, TEACHER



**'Happiness is when what you think, what you say, and what you do are in harmony'**  
Ghandi

In each group coaching programme, I want to create a safe space to talk openly in order to collaborate and inspire one another,

I will share tools and strategies that ensure individuals:

- Problem solve with confidence
- See challenges as opportunity for growth
- Overcome obstacles
- Manage strong emotions
- Feel empowered in their decision making
- Gain clarity
- Remain grounded when faced with adversity
- Tap into inner resilience
- Connect with what drives them



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